



Fundamental Transition Skills

Bell Ringers

By Mindy Lingo, Ph.D., BCBA
Zarrow Center Assistant Director
Of Postsecondary Education



How I See Myself

What do you feel you are good at doing? It can be at school or home.



How I See Myself

What are 3 things at school you enjoy doing? Why do you enjoy these things?



How I See Myself

What are 3 things at school
you DO NOT enjoy doing?
Why do you not like these
things?



How I See Myself

What nice things do people
say about you?



How I See Myself

What is something you should stop doing or do better?



How I See Myself

Who do you like and admire most, and why?



How I See Myself

What do people like and
admire about you?



How I See Myself

What is something you want to do better at school? What are 2 things you can do now to start the improvements?



How I See Myself

What are your favorite classes at school? Why do you like those classes?



How I See Myself

What are your LEAST favorite classes at school? Why do you not like these classes?



How I See Myself

How could you do better at
waiting your turn or being
patient?



How I See Myself

Do you have a hard time being quiet when asked? Explain why or why not. How can you improve?



How I See Myself

Are you good at asking for help when needed? Explain why or why not. How can you improve?



How I See Myself

Are you good at finishing your work? Explain why or why not.
How can you improve?



How I See Myself

What do you enjoy doing in
your free time?



Disability Information

What is a disability?



Disability Information

Do you think people with disabilities can be happy and/or successful?



Disability Information

What is your disability? How does your disability make school harder?



Disability Information

How does your disability make
doing things outside of school
harder?



Disability Information

What are some things you can do at school or home to help you deal with your disability?



IEP

Individualized Education Program

What is an IEP (Individualized Education Program)? If you do not know, then give your best guess.



IEP **Individualized Education Program**

Have you ever heard your teachers or parents discuss your IEP? Why would they discuss IEPs?



IEP **Individualized Education Program**

Everyone on an IEP has a case manager or an IEP teacher. Who is your person?



IEP

Individualized Education Program

IEPs include a statement to describe the student. Write a statement to describe yourself (include age, grade, and your interests).



IEP **Individualized Education Program**

Our IEPs help us in school and include information about our strengths and areas to improve. What do you think your IEP should say is your strengths and areas to improve?



IEP **Individualized Education Program**

Our IEPs have goals to help us improve. What goals would you like to include on your IEP?



IEP

Individualized Education Program

Your IEPs are talked about at a meeting with school staff, parents or guardians, and yourself. Who would you want to attend your IEP to help decide what you need at school?



IEP **Individualized Education Program**

IEPs include accommodations and modifications. What are these and how do they work?



IEP **Individualized Education Program**

What accommodations or modifications do you have, or do you think you should have?



Improvement Skills

Who can you talk with at school if you are having problems?



Improvement Skills

If you forget how to do something at school, what should you do?



Improvement Skills

What should you do if you are having problems in a class?



Improvement Skills

What should you do if you cannot understand what a teacher says about an assignment?



Improvement Skills

What should you do if you are having problems talking to other students?



My Future

What do you see yourself doing in middle school? This can include classes and activities.



My Future

What do you see yourself doing in high school? This can include classes and activities.



My Future

Do you plan on working in high school? What kind of job would you like?



My Future

What does it mean to graduate from high school? How do you think you will feel?

My Future

What job do you plan on
doing after high school?


A small, light gray speaker icon is positioned over the word "you" in the question.



My Future

What are some jobs you do
NOT want to do?

My Future

After graduating high school
do you plan  on starting a
career or going to college?



My Future

Where do you plan on living
when you are an adult?



My Future

Where are some things you will enjoy doing when you are an adult?

My Future

Write the statement and fill in the (____) with correct answers:

Upon graduation from high school, I, (your name), will live in (place) while (working or going to college) to become a/an (your choice of career).